

What's in a name Manual

What's in a name: Exploring the Significance, Origins, and Impact of Names

Names are an integral part of our identity, shaping who we are and how we are perceived by others. From the moment we are born, our names become a defining feature, often carrying deep cultural, familial, and personal significance. But what exactly is in a name? Why do names matter so much across different societies and cultures? In this comprehensive article, we'll explore the multifaceted world of names—from their origins and meanings to their influence on identity, culture, and even destiny.

The Significance of Names in Human Society

Names are more than just labels; they serve as a symbol of identity and belonging. They facilitate communication, establish social bonds, and preserve cultural heritage. Throughout history, names have played pivotal roles in various aspects of life, including religion, social hierarchy, and personal identity.

Names as Personal Identity

A person's name is often the first thing others learn about them. It can influence first impressions, social interactions, and self-perception. For example:

- A unique or uncommon name might evoke curiosity or admiration.
- A common name might foster a sense of belonging or universality.
- Names can also reflect personal or familial aspirations, such as naming a child after a admired figure or ancestor.

Names and Cultural Heritage

Different cultures have unique naming conventions and traditions that reflect their history, beliefs, and values. These traditions preserve cultural identity across generations. For instance:

- In many African cultures, names carry specific meanings related to circumstances of birth or attributes desired for the child.
- In East Asian societies, family names often precede given names and carry historical significance.

- Indigenous communities worldwide often have naming rituals that connect individuals to their land, ancestors, or spiritual beliefs.

The Origins and Meanings of Names

Understanding the origins and meanings behind names reveals much about history, language, and cultural evolution.

Historical and Etymological Roots

Many names trace back to ancient languages and civilizations. For example:

- Names like Alexander (Greek origin) mean "defender of the people."
- Names such as William (Old German) mean "resolute protector."
- Arabic names like Ahmed mean "most commendable."

Etymology helps us understand the roots of names and how their meanings relate to cultural values.

Popular Name Sources

Names derive from various sources, including:

- Religious texts and figures: e.g., Mary, Joseph, Muhammad.
- Nature and the environment: e.g., River, Sky, Rose.
- Historical figures: e.g., Lincoln, Churchill.
- Virtues and qualities: e.g., Grace, Hope, Justice.
- Family heritage: e.g., honoring ancestors by passing down family names.

Modern Trends in Naming

Contemporary naming trends often reflect societal shifts:

- Increased use of unique, creative, or invented names.
- Revival of traditional or cultural names.
- Use of unisex names like Taylor, Jordan, or Alex.
- Adoption of global names influenced by media and celebrities.

The Impact of Names on Personal and Social Identity

Names influence how individuals see themselves and how they are perceived in society. They can impact opportunities, social interactions, and even psychological well-being.

Names and Self-Perception

Research indicates that names can affect self-esteem and confidence. For instance:

- People with uncommon or difficult-to-pronounce names may face challenges in social or professional settings.
- Conversely, individuals with culturally meaningful names often feel a strong sense of pride and connection.

Names and Societal Perceptions

Names can carry stereotypes or biases, affecting how others respond. For example:

- Certain names may be associated with socioeconomic status, ethnicity, or religion.
- Studies have shown that job applicants with traditionally "white-sounding" names are more likely to be called for interviews than those with "ethnic-sounding" names.

Names and Cultural Identity

For many, names serve as a vital link to their cultural roots, especially in diaspora communities. Choosing a name can be an act of cultural preservation or adaptation.

Changing and Choosing Names: Personal and Cultural Considerations

The decision to change a name or select a new one can be deeply personal, influenced by various factors.

Reasons for Name Changes

Individuals may change their names for several reasons:

- Personal identity and self-expression.
- Marriage or divorce.
- Cultural assimilation or reconnection.

- Avoiding discrimination or negative associations.
- Legal reasons or to distance from a troubled past.

Choosing a Name

When selecting a name, considerations might include:

- Meaning and significance.
- Cultural or religious importance.
- Ease of pronunciation and spelling.
- Compatibility with family or cultural traditions.
- Uniqueness versus commonality.

Legal and Social Processes

Changing a name often involves legal procedures, which vary by country. These processes ensure that the new name is recognized officially and can be used in all legal documents.

Names in Popular Culture and Media

Names are also heavily influenced by popular culture, including celebrities, fictional characters, and media trends.

Celebrity Influence

Celebrities often popularize new names or revive old ones. For example:

- The name "Kylie" surged in popularity after Kylie Jenner.
- "Arya," inspired by a character from Game of Thrones, became trendy among new parents.

Fictional Names and Their Impact

Famous characters can make certain names iconic. Examples include:

- "Harry" from Harry Potter.
- "Elsa" from Frozen.
- "Luna" from Harry Potter and popular music.

Future Trends in Naming

As societies evolve, so do naming conventions. The future of naming might include:

- Increased use of gender-neutral names.
- Greater emphasis on multicultural and international names.
- Technology-influenced names, inspired by digital culture.
- Personalization and uniqueness, facilitated by online platforms.

Conclusion: The Power and Meaning of a Name

Names are far more than mere words; they are repositories of history, culture, and personal identity. They influence how individuals see themselves and how they are seen by others. From their etymological roots to their role in modern society, names encapsulate a wealth of meanings and significance.

While a name might seem like a simple label, its impact can be profound, shaping perceptions, opportunities, and relationships. Whether inherited, chosen, or changed, the name we carry is an essential part of our narrative. What's in a name is truly in the stories, traditions, and identities it embodies.

Understanding the depth and complexity behind names fosters greater appreciation for cultural diversity and personal expression. So, next time you think about your own name or someone else's, remember: behind every name lies a world of history, meaning, and human connection.

The Power of a Name: An In-Depth Exploration of Identity, Culture, and Influence

Introduction: The Significance of a Name

Names are far more than mere labels; they are foundational to personal identity, cultural heritage, societal perceptions, and even destiny. From the earliest moments of life, a name carries weight, imbued with meaning, history, and expectation. This exploration delves into the multifaceted nature of names, what they signify, how they evolve, and their profound impact on individuals and communities.

The Origins and Evolution of Names

Historical Roots of Naming Practices

Names have been integral to human societies for millennia. Their origins can be traced back to

primal needs like identification, kinship, and social organization.

- Prehistoric Times: Early humans likely used simple sounds or gestures to distinguish themselves and their kin.
- Ancient Civilizations: Cultures like Egypt, Mesopotamia, China, and Greece developed complex naming conventions, often linked to religion, status, or occupation.
- Religious Influence: Names of deities, saints, and religious figures heavily influenced personal names, especially in societies where religion was central.

Evolution Over Time

Naming conventions have evolved due to various factors:

- Language Changes: As languages developed and diverged, so did naming patterns.
- Colonialism and Cultural Exchange: The spread of cultures introduced new names and customs.
- Modern Trends: Globalization and media influence have broadened exposure to diverse names, leading to both preservation and innovation.

Components and Types of Names

Given Names (First Names)

Usually assigned at birth, these are personal identifiers and often carry specific meanings.

- Cultural Significance: Reflect cultural values, religious beliefs, or familial traditions.
- Trends: Popularity can surge due to celebrities, historical figures, or media.

Surnames (Family Names)

Represent familial lineage and heritage.

- Patronymic and Matronymic: Names derived from ancestors' names (e.g., Johnson meaning "son of John").
- Geographical Surnames: Indicate origin or residence (e.g., London, Hill).
- Occupational Surnames: Reflect ancestral professions (e.g., Smith, Baker).

Middle Names and Additional Identifiers

Often serve to honor relatives, carry cultural significance, or distinguish individuals with common names.

Nicknames and Aliases

Informal or alternative names used within social contexts, often reflecting personality or affection.

The Cultural Dimensions of Names

Names as Cultural Symbols

Names can encapsulate cultural identity and societal values.

- Naming Ceremonies: Rituals marking the naming process, often involving community participation.
- Cultural Variations: Different societies have unique naming customs, such as:
 - Africa: Use of ancestral names, clan names, and spiritual significance.
 - Asia: Emphasis on meaning, with names often chosen for auspicious qualities.
 - Western cultures: Focus on personal choice, with trends influenced by popular figures.

Language and Phonetics

Pronunciation and spelling reflect linguistic characteristics and can be a source of pride or challenge.

- Names may be difficult for outsiders to pronounce, affecting social integration.
- Spelling variations can emerge over generations, reflecting linguistic shifts.

Names and Identity

In many cultures, a name signifies more than identification; it embodies identity, social status, and heritage.

- Names and Social Expectations: Certain names may carry expectations or stereotypes.

- Name Changes: Personal or societal reasons may lead to name changes, such as immigration, marriage, or personal preference.

Names and Personal Identity

Psychological Impact of Names

Names influence self-perception and how individuals are perceived.

- Self-Identity: A name can shape one's sense of self; unique or meaningful names foster confidence.
- Perception by Others: Names can evoke assumptions, stereotypes, or biases.

Names and Self-Expression

Individuals may choose to:

- Adopt a nickname or alias that better aligns with their identity.
- Change their name legally to reflect personal evolution or gender identity.

Case Studies: Names and Success

Research indicates that:

- Names can influence hiring decisions, academic performance, and social interactions.
- Unusual or culturally distinctive names may face bias but can also foster pride and uniqueness.

Legal and Social Aspects of Naming

Legal Regulations

Most countries have laws governing permissible names.

- Restrictions: Avoidance of offensive, confusing, or inappropriate names.
- Procedures: Formal processes for registering or changing names.

Naming Trends and Their Social Implications

- Popular names often reflect societal values or events.
- Uncommon names may be seen as distinctive or rebellious.

Impact of Name Changes

Changing a name can:

- Help individuals align their name with their identity.
- Affect legal documentation, social relationships, and cultural assimilation.

Names in the Digital Age

Online Identity and Usernames

In digital spaces, usernames serve as personal identifiers, often influenced by existing names or personal branding.

- Unique Handles: Reflect personality, interests, or creativity.
- Anonymity: Some opt for pseudonyms for privacy or safety.

Implications for Privacy and Data

Names linked to online profiles can impact privacy, reputation, and personal security.

Globalization and Cross-Cultural Names

Digital platforms facilitate exposure to diverse names, leading to:

- Increased appreciation of cultural diversity.
- Challenges in pronunciation, recognition, and respect.

Names and Influence in Society

Names of Power and Fame

Certain names become iconic due to historical figures, celebrities, or political leaders.

- Branding: Names of influential personalities can influence consumer behavior.
- Legacy: Names of revered figures often carry expectations and responsibilities.

Names and Societal Stereotypes

Names can perpetuate stereotypes based on ethnicity, class, or gender.

- Recognition of implicit biases related to names is crucial for social equity.

Names and Cultural Preservation

Choosing traditional or indigenous names can serve as acts of cultural preservation and resistance.

Challenges and Controversies Surrounding Names

Mispronunciation and Cultural Insensitivity

Mispronouncing or misrepresenting names can be disrespectful and alienating.

- Educating oneself about proper pronunciation is vital.
- Some societies are advocating for greater respect for diverse names.

Legal Disputes and Name Rights

Conflicts over names can involve issues of identity, cultural appropriation, and personal rights.

Ethical Considerations

- The debate over naming children after celebrities or controversial figures.
- Respect for individuals' choices to change or retain their names.

Conclusion: The Deep Meaning in a Name

Names are potent symbols woven into the fabric of human life. They serve as identifiers, cultural touchstones, and personal narratives. A name can influence perceptions, unlock cultural heritage, and shape individual destiny. Recognizing the profound significance of a name encourages respect, understanding, and appreciation for the diversity and depth it embodies.

In essence, what's in a name is a reflection of history, culture, identity, and personal choice. As society continues to evolve, so too will our naming practices, but the fundamental human desire to be recognized and remembered through our names remains unchanged.

Question What does the phrase 'What's in a name?' mean? It suggests that the name of a person or thing is not as important as its qualities or what it truly represents. How does a person's name influence their identity? A person's name can impact their self-perception, cultural identity, and how others perceive and interact with them. Why do some cultures place a strong emphasis on naming traditions? Naming traditions often carry cultural, spiritual, or familial significance, helping preserve heritage and honor ancestors. What are some trends in popular baby names today? Recent trends include unique and gender-neutral names, as well as names inspired by pop culture, nature, and vintage classics. How can a name affect a person's career or social opportunities? Studies suggest that certain names can influence first impressions, opportunities, and biases in social and professional settings. What are the implications of changing one's name in modern society? Changing a name can be a way to reclaim identity, reflect personal growth, or align with cultural or gender identities, but it may also involve legal and social considerations.

Related keywords: name meaning, significance of names, name origins, naming traditions, cultural names, name symbolism, personal identity, name significance, name etymology, naming customs

NAME CHANGE LETTER FORMAT AFTER MARRIAGE

Understanding the Name Change Letter Format After Marriage

name change letter format after marriage is an essential document for women and men who decide to update their surname following their wedding. Changing your name after marriage involves more than just telling friends and family; it requires official documentation and formal communication with various institutions. A well-crafted name change letter ensures a smooth transition, providing the necessary proof and clarity to government agencies, banks, employers, and other organizations. This article offers a comprehensive guide to the proper format, including sample templates, tips, and step-by-step instructions to help you navigate the process confidently.

Why Is a Name Change Letter Important?

A name change letter serves as an official request or notification for updating your name on records and documents. It is often required when:

- Updating your passport, driver's license, or ID card
- Changing bank account details
- Updating your social security records
- Informing the employer and payroll department
- Updating insurance policies
- Notifying utility companies and service providers
- Amending legal documents, such as property titles or wills

Having a clear, professional, and properly formatted letter increases the likelihood of a smooth and hassle-free process.

Key Components of a Name Change Letter After Marriage

A typical name change letter after marriage should include the following elements:

1. Your Personal Information

- Full current name
- New name (if applicable)
- Address
- Contact details (phone number, email)
- Date of letter

2. Recipient's Information

- Name of the organization or individual
- Department or office (if applicable)
- Address

3. Salutation

- Formal greeting, e.g., "Dear Sir/Madam" or "To Whom It May Concern"

4. Body of the Letter

- Clear statement of intent to change your name
- Details of your marriage (date, location, spouse's name)

- Your old name and new name
- Request for updating records
- Mention of any attached documents (marriage certificate, ID copies)

5. Closing

- Polite closing remark
- Signature
- Printed name

6. Attachments

- Copies of marriage certificate
- Identification proof
- Any other relevant documents

Sample Name Change Letter Format After Marriage

Below is a sample template you can adapt to your specific needs:

``plaintext

[Your Current Name]

[Your Address]

[City, State, ZIP Code]

[Email Address]

[Phone Number]

[Date]

[Recipient's Name or Department]

[Organization Name]

[Organization Address]

[City, State, ZIP Code]

Subject: Request for Name Change Due to Marriage

Dear Sir/Madam,

I am writing to formally request an update to my records to reflect my recent marriage and name change. I was previously registered under the name [Your Old Name], and I have recently married [Spouse's Name] on [Marriage Date] at [Marriage Location].

In accordance with this change, I would like to update my name to [Your New Name]. Please find attached a copy of my marriage certificate as proof of this change.

I kindly request that my records be amended accordingly across all relevant documents and accounts associated with your organization. I appreciate your prompt attention to this matter.

Please confirm once the update has been completed. Should you require any additional information or documents, feel free to contact me at [Your Phone Number] or [Your Email Address].

Thank you for your assistance.

Sincerely,

[Your Signature]

[Your Printed Name]

...

Attachments:

- Copy of Marriage Certificate
- Valid ID proof (if required)

Step-by-Step Guide to Writing Your Name Change Letter After Marriage

Follow these steps to ensure your letter is effective and complete:

Step 1: Gather Necessary Documents

- Marriage certificate
- Valid identification proof (passport, driver's license)
- Any specific forms required by the organization

Step 2: Use a Formal Tone and Clear Language

- Keep the language professional and concise.
- Avoid slang or overly casual expressions.

Step 3: Personalize the Letter

- Replace placeholders with your actual details.
- Mention the exact date and place of marriage for clarity.

Step 4: Attach Supporting Documents

- Ensure copies are clear and legible.
- Label attachments properly.

Step 5: Send the Letter Through Appropriate Channels

- Mail physically or send via email, depending on the organization's preference.
- Keep copies of all correspondence for future reference.

Additional Tips for a Successful Name Change Process

- Follow Up: After submitting your letter, follow up to confirm updates.
- Check Requirements: Some organizations may have specific procedures or forms; always verify their process.
- Be Patient: Record updates can take time; allow for processing periods.
- Keep Track of Communications: Maintain records of all correspondence and submitted documents.
- Update All Records: Don't forget to update your name on social media, professional profiles, and other personal accounts after formal updates.

Legal Considerations When Changing Your Name After Marriage

While a name change letter is often sufficient for many organizations, some legal procedures may require additional steps:

- Legal Name Change Petition: In some jurisdictions, you may need to file a legal petition for a formal court order.
- Updating Government Documents: Apply for a new passport, driver's license, and social security card with your new name.
- Notifying All Relevant Authorities: Ensure all agencies and institutions are aware of your name change to avoid future discrepancies.

Common Mistakes to Avoid in Name Change Letters

- Using Informal Language: Always maintain a professional tone.
- Omitting Attachments: Forgetting to include necessary documents can delay processing.
- Providing Incorrect Details: Double-check all personal information for accuracy.
- Sending Multiple Requests Without Follow-Up: Keep track of all correspondence and follow up if needed.

Conclusion

A well-structured name change letter format after marriage is a vital step in updating your personal records after tying the knot. By adhering to the proper format, including all necessary components, and following the outlined steps, you can ensure your name change process is smooth and efficient. Remember to gather all supporting documents, personalize your letter, and maintain a professional tone. With patience and diligence, you'll successfully update your records and embrace your new identity with confidence.

Whether you're updating your passport, bank accounts, or other official documents, this comprehensive guide provides all the information you need to craft an effective name change request after marriage.

Name Change Letter Format After Marriage: A Comprehensive Guide

Changing your name after marriage is a significant milestone that symbolizes a new chapter in your life. Whether you choose to adopt your spouse's surname, hyphenate, or keep your maiden name, the process involves a series of formalities, predominantly centered around drafting and submitting a formal name change letter or application. Understanding the correct format, essential components, and the procedural steps can make this transition smoother and more efficient. This detailed guide explores the name change letter format after marriage in depth, providing clarity on how to approach

this important task.

Understanding the Importance of the Name Change Letter After Marriage

A name change letter after marriage serves as a formal request or notification to relevant authorities, institutions, or organizations to update your legal name. It acts as an official document that helps streamline the process of updating your records across various entities, including government agencies, banks, employers, and educational institutions.

Key reasons why a proper name change letter format is essential:

- Ensures clarity and professionalism in communication.
- Serves as legal documentation for future reference.
- Facilitates smoother processing of name change requests.
- Reduces the likelihood of errors or delays.

Core Components of a Name Change Letter After Marriage

A well-structured name change letter should incorporate specific elements that clearly communicate your intent and provide all necessary details. Below are the fundamental components:

1. Sender's Details

- Full name before marriage.
- Address.
- Contact information (phone number, email).
- Date of writing the letter.

2. Recipient's Details

- Name of the organization or individual (e.g., HR department, government office).
- Address of the organization.
- Specific department (if applicable).

3. Salutation

- Formal greeting, such as "Dear Sir/Madam" or specific name if known.

4. Subject Line

- Clear indication of the letter's purpose, e.g., "Request for Name Change Due to Marriage."

5. Body of the Letter

- Brief introduction stating the purpose.
- Details about your marriage (date, spouse's name, marriage certificate reference).
- Your current legal name.
- Your new preferred name after marriage.
- Request for updating your records.
- Mention of attached supporting documents.

6. Closing

- Polite closing remarks.
- Signature.
- Name (typed).

7. Enclosures

- List of attached documents (marriage certificate, ID proof, etc.).

Step-by-Step Guide to Drafting the Name Change Letter After Marriage

Creating an effective name change letter involves careful attention to detail. Here's a step-by-step approach:

Step 1: Gather Required Documents

Before drafting the letter, assemble necessary supporting documents:

- Original marriage certificate.

- Identity proof (Aadhaar card, passport, driver's license).
- Address proof.
- Any previous name change documentation (if applicable).

Step 2: Decide on the Format and Style

Opt for a professional, formal tone. Use a clean, readable font like Times New Roman or Arial, size 12. Maintain proper margins and alignment.

Step 3: Draft the Letter

Follow the structure outlined above, tailoring the content to your specific circumstances.

Sample Name Change Letter Format After Marriage:

[Your Full Name Prior to Marriage]

[Your Address]

[City, State, ZIP Code]

[Email Address]

[Phone Number]

[Date]

[Recipient's Name/Department]

[Organization Name]

[Organization Address]

[City, State, ZIP Code]

Subject: Request for Name Change Due to Marriage

Dear Sir/Madam,

I am writing to formally request the update of my records to reflect my new name following my marriage. I was married on [Marriage Date], and my marriage certificate number is [Marriage

Certificate Number].

My current legal name is [Your Full Name Before Marriage], and I would like it to be changed to [Your New Name After Marriage] in all relevant records maintained by your organization.

Please find attached a copy of my marriage certificate along with my identification proof for your verification.

I kindly request you to update my records at your earliest convenience and confirm once the process is complete. Please let me know if any additional documentation or information is required.

Thank you for your prompt attention to this matter.

Sincerely,

[Signature]

[Your Typed Name]

Enclosures:

- Copy of Marriage Certificate
- Copy of ID Proof
- Any other relevant documents

Best Practices for Writing a Name Change Letter After Marriage

- Be Clear and Concise: Clearly state your current and new names, along with relevant marriage details.
- Use Formal Language: Maintain professionalism throughout the letter.
- Attach Supporting Documents: Always include copies of your marriage certificate and identification.
- Specify the Request: Clearly mention what you want to be changed ? passport, bank records, driver's license, etc.
- Follow Up: After submitting the letter, follow up to confirm the updates have been made.

Different Formats for Various Organizations

While the core components remain consistent, slight modifications may be necessary depending on

the recipient:

1. For Banks and Financial Institutions

- Emphasize account details.
- Include bank-specific forms if available.

2. For Government Agencies (Passport, Driver's License, Aadhar)

- Follow official application forms.
- Include notarized affidavits if required.

3. For Employers and HR Departments

- Use company-specific procedures.
- Attach the updated marriage certificate.

Additional Tips for a Successful Name Change Process

- Check Specific Requirements: Different organizations may have unique procedures or forms.
- Keep Copies: Maintain copies of all correspondence and submitted documents.
- Timing: Submit your request promptly after marriage to avoid delays.
- Legal Assistance: If needed, consult a legal expert for complex cases or if complications arise.
- Online vs. Offline: Many organizations now accept online submissions or forms; verify their preferred method.

Common Challenges and How to Address Them

- Delays in Processing: Follow up regularly and ensure all documents are complete.
- Rejection Due to Missing Info: Double-check all details and enclosures.
- Multiple Organizations: Prioritize and methodically update each record to maintain consistency.

Conclusion

The name change letter format after marriage is a vital document that facilitates the legal and administrative transition to your new name. By understanding its essential components and following

a systematic approach, you can ensure your name update process is smooth and compliant with official standards. Remember to customize your letter according to the recipient's specific requirements, attach all necessary supporting documents, and keep records of all correspondence. Embracing a professional and organized approach will not only save time but also reduce stress during this significant life change.

Embark on your new journey confidently, knowing that your name change process is well-structured and properly documented.

Question What is the standard format for a name change letter after marriage? A typical name change letter after marriage should include your current name, new name, marriage date, a request for updating records, and your contact information. It should be formal, clear, and concise, often addressed to the relevant authority or organization. **Do I need to mention my old and new names explicitly in the letter?** Yes, it's important to clearly specify both your old name and your new name to avoid any confusion and ensure proper record updating. **Should I include a marriage certificate with my name change request?** Yes, attaching a copy of your marriage certificate is typically required as proof of your marriage and to validate your request for a name change. **Is there a specific format for the salutation and closing in a name change letter?** Yes, the letter should be formal, with a respectful salutation such as 'Dear Sir/Madam' and a polite closing like 'Sincerely' or 'Yours faithfully,' followed by your signature and contact details. **Can I use an email format for my name change request after marriage?** Yes, many organizations accept formal name change requests via email. Ensure the email is professional, includes all necessary details, and attaches supporting documents like the marriage certificate. **Are there any specific legal requirements for a name change letter after marriage?** Legal requirements vary by jurisdiction, but generally, including proof of marriage, a clear request, and your identification details are necessary. Some organizations may have their own specific guidelines to follow. **How long does it typically take to process a name change after submitting the letter?** Processing times vary depending on the organization, but it generally takes from a few days up to a few weeks for records to be updated after submitting the name change request.

Related keywords: name change letter, marriage name change, name change request, official name change letter, marriage certificate, formal letter for name update, name change document, sample name change letter, name change application, legal name change letter

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